



**LUKE A. BRONIN**  
Mayor

# CITY OF HARTFORD

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**LIANY E. ARROYO**  
Health Director

**Hartford Commission on Aging**  
May 8, 2018, 2:00- 3:00 pm  
South End Wellness Senior Center

Present	Absent	Guests
Maria Negron, Maxine Dunn, Leslie Manselle, Diane Bowens, Hyacinth Yennie	Damaris Bolorin, Michael Scott, Althea Cordner, Ruby Reese, David Morin, and Deborah Jervis,	Carol Steinke, Public Health Nursing Supervisor City of Hartford- Manager of Senior Centers Francis Sadowski- Director SEWSC

Topics
<p><b>Reviewed the April 10th Meeting Minutes</b> The meeting was called to order at 2:05 pm.</p> <p><b>Updates</b></p> <ul style="list-style-type: none"> <li>• Website for State Department on Aging/advocacy- <a href="https://ctcws.com/contact-us/">https://ctcws.com/contact-us/</a></li> <li>• Working with Tung Nguyen- Health and Human Service Epidemiologist regarding mapping where our seniors are living. He spoke with Registrar of Voters, all list paper based, no electronic data to obtain</li> <li>• Linda Bayer out on Medical leave- Alexandra Beaudoin following up on Commission application submissions. Refaxed all applications to her again today.</li> <li>• NCAAA to provide Choices education to the four centers regarding Medicare and Supplemental Insurances. Left message with Bilingual NCAAA staff to set up dates with each Director</li> <li>• HHS Website to go live mid-May, can add senior activities, menus, newsletters, etc.</li> <li>• David will request a list of Council Members, including their assistants and committees they are involved in. Hyacinth also has the list and will share with the members</li> <li>• The Mobile Market will expand to Parkville and Hispanic Centers in the fall after Farmers market season. Farmers Market coupons will be available soon. Coupons will be doubled at NESCS market and Billings Forge.</li> <li>• NESCS- Library, mobile market, community garden, volunteer recognition, casino trip, Mother’s Day celebration, U of H students left brain games for seniors, Balance program by Riverside, Bloomfield sponsored bingo game.</li> <li>• SEWSC- DPW not cleaning well, no garbage liners (will discuss with Liany), Fire Marshall/DPW to address keys to fire panel and elevator, requesting exercise glider/elliptical, May 17<sup>th</sup> 10<sup>th</sup> Anniversary celebration (160 people expected), had nurse, attorney, line dancing, arthritis talk, health food for brain, and monthly breakfast.</li> <li>• Parkville-will use money from HHS for Senior Statewide Celebration at Holiday Hill August 20th</li> <li>• Email flyers, newsletters to Carol to be posted on HHS website</li> <li>• “Are you OK”- Francis and Hyacinth will provide a survey to seniors with approx. 3 questions to help identify where are seniors are in Hartford.</li> </ul>

**Priority List**

- Medicare/Supplemental Insurance-Choices from NCAAA will be presented at all 4 sites. SEWSC just had a Medicare education session 5/7/18.
- Nutrition Committee- Focusing on food quality/lunch, also Hartford Food Systems just submitted a grant regarding food waste which would include the Senior Centers

**Next Meeting**

June 12, 2018 at 2:00 pm at Parkville Senior Center

Submitted by Carol Steinke