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LIANY E. ARROYO
Health Director

Hartford Commission on Aging

June 12, 2018, 2:00- 3:00 pm
Parkville Senior Center

Present	Absent	Guests
Maria Negron, Maxine Dunn, Leslie Manselle, Diane Bowens,	Damaris Bolorin (excused), Michael Scott, Althea Cordner, Ruby Reese, David Morin, Hyacinth Yennie and Deborah Jervis,	Carol Steinke, Public Health Nursing Supervisor City of Hartford- Manager of Senior Centers

Topics
<p>Reviewed the May 8th Meeting Minutes The meeting was called to order at 2:05 pm.</p> <p>Updates</p> <ul style="list-style-type: none"> Linda Bayer was out on Medical leave- Alexandra Beaudoin following up on Commission application submissions. Emailed her again today regarding the status of the applications. NCAAA was to provide Choices education to the four centers regarding Medicare and Supplemental Insurances. Choices has been presented to all centers in the past. After discussion Leslie suggested to try the Medicare expert they use who is bilingual. I will request assistance from Myriam Zorzi. The Mobile Market will expand to Parkville and Hispanic Centers in the fall after Farmers market season. Farmers Market coupons will be available soon. Coupons will be doubled at NESC market and Billings Forge. Parkville- Minnie Gonzalez distributed publication about senior laws, numerous intergenerational programs with the school; arts, choir, 4th grade class- hero's and leaders. Arroyo center grant-computers for youth, also center holds NRZ meetings NESC- diabetic presentation by Bloomfield Health and Rehab, Nurse Suzanne providing low impact exercise classes on Mondays and Tuesday, High Impact exercise Monday, Wednesday and Friday, casino trip, sewing class plans to have a fashion show, celebrated Mr. Hardy's 90th Birthday, plan Father's Day celebration. CONNRI Senior Camp, Ashford, July 23-27th -\$50, pick up at Washington St. Salvation Army August 20th Senior Outing at Holiday Hill SEWSC- Senior Health and Wellness fair September 20th 9am -12pm Will recruit representation from Hispanic Senior Center <p>Priority List</p> <ul style="list-style-type: none"> Medicare/Supplemental Insurance-Choices from NCAAA will be presented at all 4 sites. SEWSC just had a Medicare education session 5/7/18.

- Nutrition Committee- Focusing on food quality/lunch, Hartford Food Systems grant submission regarding food waste which would include the Senior Centers has made it to phase 2. NESC will be the pilot center. Grant is between \$25,000-\$28,000. Department of Aging is resubmitting a grant related to meals on wheels driver education, and nursing and dietary support to decrease hospital readmission rates of cardiac and diabetic patients from St. Francis.

Next Meeting

September 11th at 2:00 pm at NESC, off July and August. Enjoy the summer!

Submitted by Carol Steinke