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Health Director

Commission on Aging Meeting Minutes March 20, 2018

Present: Maxine Dunn, Ruby Reese, Harry Hartie, Hyacinth Yennie, David Morin, Leslie Manselle, Dianne Bowens, Debra Jervis, Damaris Bolorin, Maria Negron
Guest: Liany Arroyo Director of Health, Carol Steinke
Absent: Michael Scott, Althea Cordner

1. Discussion on Priority List:

- Advocacy at the Capitol, State Representative, State Department on Aging
- Newsletters, websites, menus (utilize students)
- Free computers? After completing computer class– Hartford Neighborhood Center, Trinfo café
- Medicare/Medicaid/Supplemental insurance information- NCAAA provides Choices program, will call to set up
- Healthy, culturally appropriate foods available at all 4 centers- NCAAA ENP grant has one more year. Met with Robyn Harper Gulley from NCAAA inquiring about adding part time cook to the budget along with food for Parkville and inquiring about number of meals and pricing for delivered meals for Hispanic Senior Center (Juniper, Firehouse, St. Elizabeth's, CREC)
- Farmers Market Coupons/ Mobile Market- Mobile market now at NESC and SEWSC (add Parkville and Hispanic). No coupons available until budget is passed, grant opportunity for double coupons utilizing remaining money from last season.
- Mapping- where seniors are, especially homebound (Tung- epidemiologist)
- Senior Housing-invite representative from Commission on Housing/Housing Authority, Nursing Facilities closing- Ellis Manor, Park Place?, closed schools- possible convert to housing (St Augustine's), conditions, safety- letters to management from the Commissioners. Are there guidelines/ regulations for senior housing?

2. Top Three Priorities/Sub Committees:

- Senior Housing/Senior Living/Transportation- Debra, Hyacinth, David
- Medicare/Medicaid/Insurance/Benefits- Ruby, Maria, Carol

Prevent. Promote. Protect.

- Food Quality/Nutrition/Mobile Market/Health- Leslie, Damaris, Maxine

3. Updates/suggestions/issues:

- Harry Hartie submitted a letter stating he was retiring from the Board as Co-Chair. He will remain an honorary member.
- Interest in having a Senior Job Fair
- Health and Human Services Budget- flat funded (possible state \$)
- March 29th @ SEWSC Balance Program.
- Dial -a Ride -seats wet when it rains, windows leaking. Plastic put on seats, fall hazard
- Requesting list of Council Members, their aides and committee's
- Distributed Rental Rebate Flyers in English and Spanish-starts April 3rd

4. Next COA Meeting April 10th @ 2 pm at NESC