

# MANAGERS, ARE YOUR FOOD WORKERS HEALTHY TODAY?



A food worker who is experiencing **vomiting or diarrhea** can shed millions of virus particles throughout the kitchen and onto the customer's food.

It only takes **10-100** Norovirus particles to cause illness.

**ASK  
THEM!**

**25% of foodborne outbreaks are due to contamination of food by an infected food worker.\***

\* Surveillance for Foodborne-Disease Outbreaks United States 1998-2002  
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**Why is it is important for food workers to report that they have experienced vomiting or diarrhea?**

## ANSWER:

Because these symptoms are often a sign that a worker may be infected with an illness or disease that can be spread through food to your customers.

**What should managers do when an employee reports illness symptoms?**

## ANSWER:

Notify the local Director of Health and exclude the employee from the food establishment for 72 hours after the last bout of vomiting and/or diarrhea unless otherwise notified by the local Director of Health. If management has reason to suspect an employee has contracted any communicable disease or is a carrier of such disease, then management shall notify the local Director of Health immediately. CT Public Health Code 19-13-B42 (r)

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Commissioner

CONNECTICUT DEPARTMENT OF  
PUBLIC HEALTH

Food Protection Program  
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For more information call (860) 509-7297  
or go to [www.ct.gov/dph/site/default.asp](http://www.ct.gov/dph/site/default.asp)