



**EDDIE A. PEREZ**  
Mayor

# CITY OF HARTFORD

DEPARTMENT OF HEALTH AND HUMAN SERVICES  
131 Coventry Street  
Hartford, Connecticut 06112  
Ph: (860) 543-8860  
Fax: (860) 722-6851  
www.hartford.gov



**CARLOS RIVERA**  
Director

## **CITY OF HARTFORD MARKS MEN'S HEALTH WEEK**

**June 14<sup>th</sup> – June 22<sup>nd</sup>**

### **Hartford Mayor Issues Proclamation**

#### **---NEWS AND COMMUNITY RELEASE---**

(June 11, 2010)--- Mayor Eddie A. Perez has issued a Proclamation marking Men's Health Week in Hartford to emphasize the importance of choosing healthy activities and following up on all screenings and treatments recommended for men and boys.

The purpose of Men's Health Week is to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among men and boys. This week gives health care providers, public policy makers, the media, and individuals an opportunity to encourage men and boys to seek regular medical advice and early treatment for disease and injury.

Despite advances in medical technology and research, men continue to live an average of almost six years less than women, with African-American men having the lowest life expectancy.

“Leading a healthy lifestyle and ensuring early detection are two of our best ways men can be there for their loved ones. I encourage all families in Hartford to get all the information they need from medical professionals,” stated Mayor Eddie A. Perez.

The Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices. By focusing on a broad range of men's health including heart disease, diabetes and prostate, testicular and colon cancer, Men's Health Week seeks to increase awareness and move the community to action in order to reduce male mortality.

“The City of Hartford Department of Health and Human Services, as part of the Mayor's Healthy Hartford Campaign, is working to share with our community the information necessary to motivate men and boys to think about their health and take better care of themselves. We urge you to talk to your healthcare provider about the recommended screening tests,” stated Carlos Rivera, Director of the City's Department of Health and Human Services.

For more information, please visit the Men's Health Network website at [www.menshealthnetwork.org](http://www.menshealthnetwork.org) or call 202-543-MHN-1 (6461) ext. 101





**EDDIE A. PEREZ**  
Mayor

# CITY OF HARTFORD

## DEPARTMENT OF HEALTH AND HUMAN SERVICES

131 Coventry Street  
Hartford, Connecticut 06112  
Ph: (860) 543-8860  
Fax: (860) 722-6851  
[www.hartford.gov](http://www.hartford.gov)



**CARLOS RIVERA**  
Director

### Proclamation

#### Men's Health Week

Whereas, each year, thousands of men needlessly die from heart disease, lung cancer, prostate or testicular cancer, diabetes and other health problems even though preventive health checkups and exams might have detected the early warning signs of these diseases during their treatable stages and could have extended many lives; and

Whereas, educating men and healthcare providers about the importance of early detection of male-specific health problems can result in reduced mortality rates for men with serious illnesses, allowing them to continue to be productive members of society and enjoy life well into their retirement years; and

Whereas, men who learn about the value of preventive health will be more likely to participate in health screenings; and

Whereas, the Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices; and

Whereas, the residents of the City of Hartford are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups; and

Whereas the City of Hartford's Healthy Hartford Campaign aims to improve the lives of all of our residents; now

Therefore, I Eddie A. Perez, Mayor of the City of Hartford, do hereby officially proclaim the week leading up to and including Father's Day, June 14 – 20, as

**MEN'S HEALTH WEEK IN HARTFORD**

