



CITY OF HARTFORD

DEPARTMENT OF HEALTH AND HUMAN SERVICES

131 Coventry Street
Hartford, Connecticut 06112

Telephone: (860) 757-4700
Fax: (860) 722-6851
www.hartford.gov



EDDIE A. PEREZ
Mayor

CARLOS A. RIVERA
Director

HEALTHY WOMEN BEAUTIFUL WOMEN EVENT **Living Healthy – It's My Choice**

NEWS AND COMMUNITY EVENT



Thursday, May 20, 2010

11am to 3pm

Pope Park Recreational Center

30 Pope Park Drive

In conjunction with Women's Health Month and as a part of the Mayor's Healthy Hartford Campaign, the City of Hartford Health and Human Services Department is proud to present its second annual Healthy Women Beautiful Women Event. With the theme of *Living Healthy It's My Choice*, this event is a celebration for women of all ages and it aims to encourage them to take control of their health, acquire facts that will enable them to make wise choices and learn the importance of incorporating regular physical and recreational activities in their daily routine.

This free event will also provide an excellent opportunity for local organizations to showcase the health related programs and services available to women in the community. Lunch will be provided and activities will include health information, chair massages, Zumba and door prizes.

Featured speakers include rJo Winch, Hartford City Council's Majority Leader, Carlos Rivera Director of the Hartford Department of Health and Human Services (HHS), Leticia Marulanda, Deputy Director of HHS and Lisa Davis, Branch Chief, State of Connecticut Department of Public Health. The key note address will be delivered by Rosaida Morales Rosario.

"We are thrilled to build on the past success of this annual event. Hartford women deserve more opportunities to learn about healthy choices for themselves and their families," stated Carlos Rivera, Director.

For more information Please contact Sandra Abella at (860)757-4818 or Elsa Smith- Pleasant, Committee Chair at (860)757-4795 or go to www.hartford.gov